



MYH Health and Safety Policy

Date Ratified:

Date for Implementation: 5th April 2018

Date for Review:

Chair of Trustees Signature:

Review Frequency: Annually

Next review date: 5th April 2019

General Statement of Policy, Duties & Responsibilities

1. Policy Statement

Muslim Youth Helpline recognises and accepts its health and safety duties for providing a safe and healthy working environment for all its workers and other visitors to its premises under the relevant legislation and common law duties of care.

Throughout this Statement, terms such as “staff”, “workers”, “employees”, include both paid and volunteer workers.

It is the policy of the charity to promote the health and safety of the committee members, volunteers, staff and of all visitors to the MYH’s premises (“the Premises”) and to that intent to:

- Take all reasonably practicable steps to safeguard the health, safety and welfare of all personnel on the premises;
- Provide adequate working conditions with proper facilities to safeguard the health and safety of personnel and to ensure that any work which is undertaken produces no unnecessary risk to health or safety;
- Encourage persons on the premises to co-operate with MYH in all safety matter, in the identification of hazards which may exist and in the reporting of any condition which may appear dangerous or unsatisfactory;
- Ensure the provision and maintenance of plant, equipment and systems of work that are safe;
- Maintain safe arrangements for the use, handling, storage and transport of articles and substances;
- Provide sufficient information, instruction, training and supervision to enable everyone to avoid hazards and contribute to their own safety and health;
- Provide specific information, instruction, training and supervision to personnel who have particular health and safety responsibilities
- Make, as reasonably practicable, safe arrangements for protection against any risk to health and safety of the general public or other persons that may arise for MYH’s activities;
- Make suitable and sufficient assessment of the risks to the health and safety of employees and of persons not in the employment of MYH arising out of or in connection with MYH’s activities;
- Make specific assessment of risks in respect of new or expectant mothers;
- Provide information to other employers of any risks to which those employer’s workers on MYH’s premises may be exposed.

This policy statement and/or the procedures for its implementation may be altered at any time by MYH trustees. The statement and the procedures are to be reviewed each year.

2. Statutory Duty of the Organisation

MYH will comply with its duty to ensure, as far as is reasonably practicable, the health, safety and welfare at work of its workers and of visitors to its premises and, in general, to:

- Make workplaces safe and without risks to health;
- Ensure articles and substances are moved, stored and used safely;
- Give volunteers and workers the information, instruction, training and supervision necessary for their health and safety.

In particular, MYH will:

- Assess the risks to health and safety of its volunteers/workers;
- Make arrangements for implementing the health and safety measures identified as necessary by this assessment;
- Record the significant findings of the risk assessment and the arrangements for health and safety measures;
- Draw up a health and safety policy statement; including the health and safety organisation and arrangements in force, and bring it to the attention of its workers (this document);
- Appoint someone competent to assist with health and safety responsibilities;
- Set up emergency procedures;
- Provide adequate First Aid facilities;
- Make sure that the workplace satisfies health, safety and welfare requirements, e.g. for ventilation, temperature, lighting and for sanitary, washing and rest facilities;
- Make sure that work equipment is suitable for its intended use as far as health and safety is concerned, and that it is properly maintained and used;
- Prevent or adequately control exposure to substances that may damage health;
- Take precautions against danger from flammable or explosive hazards, electrical equipment, noise or radiation;
- Avoid hazardous manual handling operations and, where they cannot be avoided, reduce the risk of injury;
- Provide health surveillance as appropriate;
- Ensure that appropriate safety signs are provided and maintained;
- Report certain injuries, diseases and dangerous occurrences to the appropriate health and safety enforcing authority.

3. Statutory Duty of the MYH's Workers

Employees also have legal duties, and MYH confidently requests voluntary workers to also observe these. They include the following:

- To take reasonable care for their own health and safety, and that of other persons who may be affected by what they do or do not do;
- To co-operate with the MYH on health and safety;
- To use work items provided by the MYH correctly, including personal protective equipment, in accordance with training or instructions;
- Not to interfere with or misuse anything provided for health, safety and welfare purposes;
- And, to report at the earliest opportunity, injuries, accidents or dangerous occurrences at work, including those involving the public and participants in activities organised by the MYH.

Organisation of Health and Safety

Safety Tours

The Health and Safety Committee shall carry out 6-monthly tours and inspections of the premises and make a report to the next ordinary meeting of the Management Committee. All necessary actions as a result of the tour shall, where reasonable and practicable, be implemented. The tour shall include inspection of the Accident File.

1. Health and Safety Rules

All workers must exercise ordinary care to avoid accidents in their activities at work and comply with the following general rules and with any further rules which MYH may publish from time to time.

Accident Forms and Book

The book must be kept in a locked drawer once completed.

Any injury suffered by a worker or visitor in the course of employment or otherwise on MYH premises, however slight, must be recorded, together with such other particulars as are required by statutory regulations, on an accident form maintained by MYH.

Fire Precautions

All personnel must familiarise themselves with fire escape routes and procedures and follow the directions of MYH in relation to fire.

Safety Clearways

Corridors and doorways must be kept free of obstructions and properly lit.

Maintenance

Defective equipment, furniture and structures must be reported as such without delay.

Hygiene and Waste Disposal

Facilities for the disposal of waste materials must be kept in a clean and hygienic condition. Waste must be disposed of in an appropriate manner and in accordance with any special instructions relating to the material concerned.

Display Screen Equipment

MYH recognises its responsibility to ensure the well-being of workers who habitually use display screen equipment for a significant part of their normal work. Volunteers/Workers are advised to ensure that they take a five-minute break from the display screen equipment at least once an hour.

Alcohol, Drugs and Tobacco

Smoking within or within 1 mile of the premises and the use of Drugs (except under medical supervision) on the premises are prohibited at all times. The use of intoxicants (alcohol) is prohibited during working hours, and no employee/volunteer may undertake his/her duties if under the influence of alcohol or drugs (except under medical supervision).

Arrangement and Procedures

The Health and Safety Officer, nominated by the Management Committee, is responsible for ensuring that the safety policy is carried out and that responsibilities for safety, health and welfare are properly assigned and accepted at all levels. Their details and contact number will be displayed on the wall of each office room.

1. **First Aid and Accident Reporting**
2. **Fire Drills and Evacuation Procedures**
 1. *First Aid*
 - The current First Aider(s) for the premises is/are displayed
 - First Aid Boxes are provided in the following location(s):
 2. *Accidents*
 - In the event of an injury or illness, call for a member of staff or ring for an ambulance directly. To call an ambulance - dial 999 and ask for “ambulance”;
 - All accidents must be reported to the Health and Safety Officer or another member of staff on duty immediately or as soon as practicable;

- All accidents must be entered on an accident form, available from the reception desk.
- The Health and Safety Officer will investigate incidents and accidents, writing a detailed report for the Organisation's Management Committee to consider the actions necessary to prevent recurrence.

3. **Fire Drills and Evacuation Procedures**

1. *Fire Drills*

- All workers and volunteers must know the fire procedures, position of fire appliances and escape routes.
- The fire alarm points, fire exits, and emergency lighting system will be tested by The Fire Officer/Health and Safety Officer during the first week of each month and entered in the log book provided.
- The Fire Officer will arrange for Fire Drills and Fire Prevention Checks to be carried out at least once every three months and entered in the log book. In addition, these Drills will be carried out at different times and on different days, so that all users know the procedures.
- The last person securing the premises will ensure Fire Prevention Close Down Checks are made of all parts of the premises at the end of a session

2. *in the event of Fire*

- Persons discovering a fire should sound the nearest alarm;
- The first duty of all workers is to evacuate all people from the building by the nearest exit immediately the fire is discovered;
- All persons must evacuate the building and, where possible without personal risk, leave all doors and windows closed;
- The assembly point for the building is at the _____
- No-one should leave the assembly point without the permission of a member of staff;
- If **any** fire occurs, **however minor**, the Fire Brigade must be called immediately by dialling 999 and asking for "Fire";
- When the Fire Brigade arrives advise whether all persons are accounted for and location of fire.

3. *Cleaning Materials, General Machinery and High-Risk Areas*

- All portable machinery must be switched off and unplugged when not in use;
- Wandering cables are a hazard; use with caution and safety in mind;
- Slippery floors and dangerous; use warning signs;

4. *General*

- All thoroughfares, exits and gates must be left clear at all times;
- Corridors and fire exits must not be blocked by furniture or equipment;
- Vehicles must not be parked near to the building so as to cause any obstruction or hazard;
- Hazards or suspected hazards or other health and safety matters should be reported to the Health and Safety Officer or the staff member on duty immediately or as soon as practicable, so that action can be taken. If the hazard is of a serious nature, immediate action must be taken to protect or clear the area to prevent injury to staff or other users.